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Claim 1 (cancelled)

Claim 2 (cancelled)

Claim 3 (cancelled)

Claim 4 (cancelled)

Claim 5 (cancelled)

Claim 6 (cancelled)

Claim 7 (cancelled)

Claim 8 (cancelled)

Claim 9 (cancelled)

Claim 10 (currently amended) The method of guarding the first, third and middle fingers of a culinary worker, that includes the steps

a) providing a culinary finger guard plate, two finger guards upstanding from a side of the plate and having intermediate spacing therebetween to receive a user's middle finger to extend generally parallel to the plate, each finger guard having a finger retention portion overhanging the plate to provide adjustable spaces to receive the user's first and third fingers, between said overhanging portions and the plate, said overhanging portions projecting with curvatures in opposite directions, and away from each other and with convexity toward said intermediate spacing whereby

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said intermediate spacing between the guards has venturi shape in a direction away from the plate;

b) inserting said middle finger into the venturi shaped space formed between the two guards,

c) and also inserting said first and third fingers beneath said finger retention portions,

d) and using said device during culinary cutting of an object with said plate shielding the user's fingers from the cutting tool.

Claim 11 (original) The method of claim 10 including exerting sideward forces from said first and third fingers against guard portions at opposite sides of said spacing therebetween.

Claim 12 (currently amended) The method of claim [[1]] 10 including providing each guard to have a terminal spaced from the plate, allowing the guard to flex during culinary use, said terminal having bulbous shape.